

WORKOUT

JOHN 5:18-29

Believe
and
LIVE
THE GOSPEL OF JOHN



Read John 5:18-29.

Ponder the significance of Jesus' revealed authority, He is equal with God.

- Consider the absolute nature of the Lord's authority. It is not relative to another, and it is not limited by anything outside of Himself. He speaks, and all creation comes into existence (Genesis 1). He speaks, and the dead come to life (John 5:28-29; 11:43-44). His power cannot be thwarted, subverted, or resisted.
- What are the implications of the Lord's authority for life (5:21)?
- How should the Lord's authority shape our response to His revelation? Our actions? (5:28-29)
- How does the Lord's authority shape what we think about disobedience?

What does it mean to honor the Son?

- Use stepbible.org to do a word study on "honor." Also, look up cross references, starting with passages like Proverbs 3:9, Isaiah 8:11-13, Luke 10:16, Romans 1:21, and Revelation 4:8-11 to help you form a fuller understanding of this concept.
- Can someone honor the Son without belief (5:24)? How do honor and submission relate?
- What is the relationship between Jesus' authority and the call to honor Him? Do you honor the Son?



Pray Holistically

Read John 5:23 and pray to honor Jesus. We honor Jesus when we worship Him, declaring truth about who He is and what He has done (Revelation 4:9-11).

Pray Personally

Read John 5:20-21 and consider how you have seen the Lord working in you and in those around you. Pray to marvel at what He has done.

- Father, you raise the dead and you give life. Your life-giving work to bring us from death in sin to new life in Christ is a miraculous grace.
- Pray in thanksgiving for specific areas of spiritual growth that you have seen in your life and others.



Because Jesus is the authority, how we spend every moment matters. By faith in Christ, we are made alive to walk in the good works that God has prepared for us (Ephesians 2:10).

Because Jesus is the authority, actively submit every day to him. Prayerfully consider your life on a micro (moment by moment) level. Do you live as if Christ is your authority? What earthly authorities are you tempted to let drive your decisions, priorities, or actions? Ask the Lord to reveal these things to you.

- Each morning, review how you'll spend your time. Look at your calendar, or make a list of the day's tasks and events in your journal or phone.
 - Is there anything you will do that is contrary to God's revealed will in His Word?
 - Will there be any times that you might be tempted to sin? Will you be in any situations where you might be tempted to dishonor Jesus?
 - Where will you have margin or free time? How will you spend this time?

In the middle of the day, pause and pray. Read, or memorize and recite, John 5:24. Ask the Lord to help you honor Him in all that you do.

Each evening, look back and reflect on your day.

- What acted as your authority? What drove your decisions?
- When you had a moment of mental margin, what did you find your thoughts drifting to?
- Did you encounter any unexpected temptations? How did you respond to them? What can you do to be better prepared to fight this temptation next time?