

WORKOUT

JOHN 8:1-30

Believe
and
LIVE
THE GOSPEL OF JOHN



Read all of John chapter 8, focusing on verses 1-30.

Ponder Jesus' proclamation in verse 12: "I am the light of the world" alongside John 1:4-5 and 3:19-21.

- What is the significance of light? How should we understand light in spiritual terms?
- What is the relationship between light and life?
- If Jesus is the light, what are the implications for those who walk in darkness?
- Consider passages like John 9:1-5, John 12:35-36, Isaiah 9:2, Isaiah 42:6, Isaiah 49:6, Acts 26:18, Ephesians 5:8-14, and 1 John 1:5-7.

What does this section reveal about Jesus' relationship with the Father? What similarities are there between this section and Jesus' teaching in 5:18-47?

How does this section expose the human tendency to "judge according to the flesh" (8:15)? How does this compare with Jesus' charge to the Jews in 7:24? How do we know if our judgment is right?



Pray Holistically

Read John 8:24. Consider the gravity of sin and its consequence: death. Pray for the Spirit to bring conviction of sin and for the Father to bring salvation.

- Father, apart from you we have nothing. We are condemned already, helpless, hopeless, separated from you, the God of life. The wages of our sin is death, but you have made a way for us to have life by believing in your Son. Convict us of our sin and lead us to repentance. Draw us to your light. Save us.

Pray Personally

Read John 8:42 and pray that your love for Christ would deepen.

- Father, thank you that in your Son, there is freedom from our slavery to sin. As your children, stir in us a zeal to do the works that you do. Help us to love Jesus more, because He was sent to us for our salvation. Delight our hearts with your Word, and align our desires with yours. Every good thing comes from you.



Jesus is the light of the world, and whoever follows Him will not walk in darkness but will have the light of life. Jesus is the Son of God who sets us free, while whoever practices sin is a slave to sin.

This week, ask a trusted brother or sister to observe your life. Do they see you walking in the light (8:12)? Do they see you practicing sin (8:34)?

- Who should you ask? Ask someone who has proximity to you and can intentionally observe your life through a biblical lens. Ask someone who has a mature pursuit of the Word and submission to Jesus. Ask someone who will not only tell you things you want to hear.
- Invite them to ask questions to reveal the beliefs, desires, and motivations of your heart. Be resolved to be both honest (truthful) and vulnerable (forthcoming) with your answers.
 - For more on how to rightly discern and diagnose the heart, check out [this resource](#) by Pastor Jeremy and other tools at easttnbc.org/tools.
- Invite them to speak into your life about areas that you are walking in darkness, sins you are practicing that require repentance, or works of the Father that you may need to add, expand, or restore (8:39).
- Ask them to pray with you and for you, that in every aspect of life you would follow Jesus, hate and flee darkness, and walk in the light.