

# WORKOUT

# JOHN 10:22-42

Believe  
and  
**LIVE**  
THE GOSPEL OF JOHN



## Read all of John chapter 10, focusing on verses 22-42.

Consider what Jesus says about why the Jews do not believe (10:26).

- What does this reveal about unbelief in the human heart and the hopelessness of our spiritual condition apart from Christ? (Also consider John 5:37-44 and Romans 1:16-32.)
- In 10:24, the people continue to ask for more clarity, despite what Jesus has already revealed: “I told you, and you do not believe” (10:25). How do these verses, alongside verses 31-38, reveal the human temptation to rationalize and make sense of things, rather than to trust? How have you experienced this temptation in your own walk with the Lord?

In contrast, what does this section reveal about the work of God in salvation (10:27-30)?

- Meditate on the work of God to give His sheep ears to hear His voice.
- Meditate on the connection between believing and following, or listening to His voice (3:36).
- Meditate on the authority of the Son that keeps His people, so that “no one will snatch them from His hand” (10:28).
- Meditate on the supremacy of the Father that assures His people will never perish— He is greater than all, and nothing is strong enough to thwart His purposes or plans (10:29).



## Pray Holistically

Read John 10:27-28 and pray in trust of the good shepherd who keeps His people.

- Father, thank you that you not only have spoken, but you have given your people ears to hear. Help us respond to you in devoted and joyful obedience, knowing that all life and goodness is found in you. We know that our life is given and sustained by you, and our life is eternal because you are everlasting. Nothing can overcome your will. Help us to keep believing what you have revealed.

## Pray Personally

Read John 10:24 and pray in confession of things Jesus has spoken that you have not believed.

- Acknowledge who Jesus has revealed Himself to be through His Word. He is supreme, above all, He is our authority. He is good and the giver of every good thing. He loves, cares for, and protects His people. He is our Redeemer, Savior, King, Lord. He has made His revelation plain. Do you believe?
- Confess the specific ways you do not submit to this revelation. Confess the alternate sources of authority, wisdom, counsel, or guidance that you seek. Confess the ways that you trust in your own power and ability rather than entrusting yourself entirely unto the Lord. Confess that your own self-assessment of these things is limited, and ask the Lord to reveal these sins to you.



Jesus is the good shepherd who lays down His life for the sheep. All who are His sheep believe in Him and have eternal life.

- **This week, memorize John 10:27-29.** All that the Father gives to Jesus will come to Him, and all those who come, He will never cast out (John 6:37). All those who are Jesus’ sheep will hear His voice and follow Him. He will give them eternal life, and no one can snatch them from His hand.
- **This week, daily meditate on the truth that God keeps His people.** We are held secure because of God’s supremacy; He is greater than all (John 10:29).
- **This week, purpose to seize every opportunity to walk in step with the Spirit** (Ephesians 5:25). Every day and every moment is an opportunity either to walk consistently in the faith (Jude 24) or to go astray, following after your own way (Isaiah 53:6).
- **This week, daily confess your dependence on God.** Our life is not inherent to us, it is given to us (John 3:27; James 1:27; John 10:28). Christ is the vine, we are the branches (John 15:5). Our life is eternal because there is nothing greater than the Father, and in His hand we are secure (John 10:29).