

WORKOUT: PART ONE

JOHN 14:1-14

Believe
and
LIVE
THE GOSPEL OF JOHN



Read and study John 14:1-14, focusing on verses 1-7.

Ponder Jesus's proclamation and self-revelation: "I am the way, the truth, and the life."

- What do each of these declarations mean? How do each of these impact our lives as Christians?
- Why is it so important that Jesus is our access to the Father?
 - Consider the penalty of our sin that separates us from God, and our total inability to reconcile ourselves back to Him. (Genesis 3:23; Isaiah 59:2; Jeremiah 5:25; Ephesians 2:1-3; Romans 6:23)
 - Meditate on the hope and joy of being in the presence of God. (Psalm 16:11; Ephesians 2:4-6, 12-13; Romans 8:35-39; Colossians 1:21-22; Revelation 21:3-4)
 - Why is it significant that Jesus tells the disciples that He is the only way to the Father? What alternate paths might we be tempted to pursue today?
- What is the difference between telling the truth, or knowing the truth, and Jesus being the truth? How should this inform how we approach Him?

Consider Jesus as the way, the truth, and the life in light of His exhortation: "Let not your hearts be troubled." How does Jesus offer peace to the troubled soul? (Ephesians 2:11-18; Micah 5:2-5; Acts 10:36; Romans 5:1; Psalm 43:5; John 14:27)

Pray Holistically

Read John 14:6 and pray that all who profess in Christ would see and submit to Him rightly as the way, truth, and the life.

- Father, you have given us access to yourself through your beloved Son, Jesus. He is the way for our reconciliation back to you, our redemption from sin, and our rescue from slavery. He is our access to you— the holy Creator of all things. May we not grow numb to this reality. He is the truth, the light that shines and exposes the darkness of our own illusions. He is the life, and our life is found in Him alone.

Pray Personally

"Let not your hearts be troubled. Believe in God; believe also in me" (14:1). Confess the weights and sins that trouble your heart. Pray to submit your heart to the Lord, asking Him to deepen your belief in Him.

Jesus is the way, the truth, and the life. Through Him, we have access to the Father. This week, consider the implications of this truth for how you live and walk.

- Guard your heart from being troubled (14:1). Purpose to believe in Jesus, what He has said, and what He has done (14:10).
 - Every day, be intentional to start your day by praying for the grace of the Lord (Psalm 6:2).
 - Every day, set aside time to meditate on the promise of peace of the Lord (John 14:27).
 - In all that you do, honor Christ as holy (1 Peter 3:14-15). At the end of each day, take an inventory of the things that you did. Did you honor Christ as holy? Where did you fall short and need to repent? What opportunities will you have tomorrow?
- Do not be distracted by the things of this world. If you are in Christ, Jesus has gone to prepare a place for you (14:2).
 - As you go throughout each day, be mindful that you are a stranger and exile in this world (Hebrews 11:13; 1 Peter 2:11).
- Do not be tempted by the empty promises of life that the world offers. Your hope lies in Jesus— the way, the truth, and the life.

