

WORKOUT

JOHN 14:15-31

Believe
and
LIVE
THE GOSPEL OF JOHN



Read all of John chapter 14, focusing on verses 15-31.

Ponder the relationship between loving Jesus and keeping His commandments.

- In chapter 13, Jesus taught on and modeled love that lays down His life for His sheep (13:1, 12-20, 33-35; 10:14-15). His love is purposed to edify, to build them up into Christlikeness, with an aim and reward that lies beyond this world (15:13-14; 3:16; Ephesians 5:2; Philippians 2:1-8; 1 John 4:7-12). How does this definition of love inform how we understand what it means to love Jesus?
- Why are loving Jesus and keeping His commands so closely linked? (14:15; 14:21; 14:23-24)
 - Also, see 1 John 2:4-6, 1 John 2:15-17, 1 John 5:3, and 2 John 1:5-6.
- When you think about your love for Jesus, do you most often think about your obedience to Him or something else? Why do you think this way?

Ponder the promise of the Holy Spirit, the Helper who will come to be with God's people forever (14:16).

- What does it mean to "receive" the Spirit (14:17)? Why is it significant that the Spirit comes from the Father (15:26)?
- What will the Holy Spirit do (14:25-26)? How does this impact the way Christians are to live?
- What is the relationship between the Holy Spirit and Jesus's statements, "Let not your hearts be troubled" (14:1, 27) and "peace I leave with you, my peace I give to you" (14:27)?



Pray Holistically

"Let not your hearts be troubled. Believe in God, believe also in me" (14:1). "Let not your hearts be troubled, neither let them be afraid" (14:27).

- Pray to set your heart on the promises of God, to guard your heart from being troubled by the world.

Pray Personally

Read John 14:15 and pray that you would love the Lord and keep His commands.

- Father, your Word tells us that if we love you, we will keep your commands (14:15). I love you. Help me to love you more; guard my love from growing cold (Matthew 24:12). Help me to trust what you have said about how I should live, to believe that your commands are for my good, and to respond in submission and obedience (Matthew 19:17). In my life, not my will, but yours be done (Matthew 6:10; Luke 22:42). By your Spirit, bring to my remembrance all that you have said (John 14:26), and keep me in step with you (Galatians 5:25).



Whoever believes in Jesus is given the Spirit. Read Galatians 5:16-26 and purpose to walk by the Spirit, living in line with your profession of faith in Christ, your love for God, and your submission to His commands.

- Read Galatians 5:17 and spend time every day in prayerful confession before the Lord, confessing the desires of your flesh that are against the Spirit.
- Read Galatians 5:19-21 and consider the works of the flesh that you practice, or are tempted to practice. Make a list of these that you know you fall prey to, and ask the Lord to reveal to you sins and temptations you might even be unaware of.
 - Confess these sins to the Lord and to those who can help you grow in maturity.
 - Fight to put these sins to death. Consider: what lies are you believing as you walk in these works of the flesh? Why do you believe you need them? What do you believe you will gain from them?
 - Combat these lies with the truth of who God is. Sin is destructive, leading only to death (John 10:1t0; Romans 6:21; Proverbs 14:12). Sin reveals that we do not love Jesus (John 14:15).
- Read Galatians 5:22-24. Consider the growth in these fruits that you have seen the Spirit work in your life since becoming a Jesus follower, and give the Lord glory.
 - Reflect on your life and consider your opportunities for growth in bearing these fruits.