

WORKOUT

JOHN 17:10-19

Believe
and
LIVE
THE GOSPEL OF JOHN



Read all of John chapter 17, focusing on verses 10-19.

Consider what this passage says that Jesus followers have received.

- Our salvation: For the Jesus follower, salvation is not only something that has been declared (Ephesians 2:5); salvation deepens as we are made more like Jesus (Romans 8:29). We are “being saved” (1 Corinthians 1:18).
 - Jesus says that we have been kept, guarded, not lost (17:11-13). Why does this matter for our understanding of salvation? What are we kept from? What are we kept for?
 - As you ponder, consider verses like 1 Thessalonians 5:23-24, Jude 20-25, and 2 Thessalonians 3:3.
- Our joy: Jesus speaks so that His joy would be fulfilled in His followers (17:13).
 - Why does His Word bring joy? Consider the connection between this idea and our abiding (15:1-11).
- Our purpose: How does it change the course of our lives to understand that our purpose is God-given and God-determined? (17:18)

Consider what this passage says Jesus followers have been called to: we are sent as Jesus was sent (17:18).

- How has Jesus been sent into the world from the Father (17:18)?
 - Read verses that describe Jesus’s purpose: ex. Mark 10:43-45, John 3:17, 9:39, 10:14-15, and 1 Timothy 1:15.
- How are Jesus followers called to live in this world?
 - Read verses that prescribe the life of a Jesus follower: ex. Matthew 5:13-16, 22:37-39, Romans 12:9-21, James 1:19-27, and Titus 2:1-14.
- Consider your own life: do you live as one sent?



Pray Holistically

Read and pray John 17:15-17 for our church.

- Pray that we would be guarded from temptation and kept from sin.
- Pray that we would not compromise to live as the world lives.
- Pray that we would be made holy by the transforming Word of God at work in our lives.

Pray Personally

Read Jesus’s words in John 17:11-12 and pray in thanksgiving to God who keeps His people.

- Father, you have promised that you will complete the saving work that you have begun in my life (Philippians 1:6). There is nothing in me that accomplishes my own salvation or that holds onto it. I am completely submitted to your mercy to hold and keep me. I can dwell secure because I am kept by you.



Because Jesus has authority to send His followers, we go. This week, purpose to live as one set apart from the world, for the purpose given to us in Christ.

We remain in the world, but we are not of the world (17:15-16).

- Consider the different environments you are in where you are around unbelievers, such as with family, friends, at work, in your neighborhood, in your hobbies, or online.
- Reflect on your life in each of these spheres: does your life look like the unbeliever’s? Or does your life look like you have been set apart from the world? In your reflection, ask yourself questions like these:
 - Do I think differently about this than unbelievers do? (Or, do I think differently about this now compared to when I was an unbeliever?) (Romans 12:2; Colossians 3:2)
 - Is my speech different from the unbeliever’s? (Colossians 4:6; 1 Peter 3:15; 2 Timothy 4:2)
 - Are my actions different from the unbeliever’s? (1 Timothy 4:12; Titus 2:7; John 13:14)

We do not just remain in the world, biding our time and passively waiting for Christ’s return. We are sent into the world, just as Jesus was sent into the world (17:18).

- Our lives should not just stand out from the unbeliever’s life merely for the sake of being different. We are sent with a purpose, to live as His ambassadors (2 Corinthians 5:18-20; Matthew 28:18-20).
- Do you live as one sent, given a purpose by the One who is your life (John 17:3)?