

WORKOUT

JOHN 20:1-18

Believe
and
LIVE
THE GOSPEL OF JOHN



Read all of John 20, focusing on verses 1–18.

Ponder the significance and the glory of the resurrection.

- Consider the resurrection account alongside John 10:14–18: Jesus is the good shepherd who lays down His life for His sheep. He has the authority to lay down His life, and He has the authority to take it back up again.
- Consider the resurrection account alongside John 11:25–27: Jesus is the resurrection and the life. Whoever believes in Him, though he die, yet he shall live.

Read 1 Corinthians 15:1–28 alongside your study of John 20.

- How does the resurrection reveal the power of God? (1 Corinthians 15:15)
- Why is the resurrection necessary for our faith? (15:14–17)
- Why is the resurrection necessary for our future resurrection? (15:20–22)
- What is the relationship between the resurrection and God's defeat of His enemies, even death? (15:24–28)
- Why is the resurrection necessary for our hope beyond this life? (15:19)

Why does John say that the disciples “as yet did not understand the Scripture, that Jesus must rise from the dead” (20:9)?

- Remember John 3:12, “If I have told you earthly things and you do not believe, how can you believe if I tell you heavenly things?”
- Remember Jesus' promise in John 16:12–13: the Spirit leads into all truth.
- Where are you tempted to rationalize the things of God, fitting Him into a box of things that you can understand, rather than submitting to heavenly realities that are beyond your comprehension?
 - For example, how do you respond when a command from God's Word doesn't make sense to you?
 - How do you respond when something happens in your life that you would not have chosen for yourself? Does this make you doubt God, or does it push you to deepen your trust in Him?
 - Do you avoid thinking deeply about things from God's Word that you don't understand?



Pray Holistically

Pray to praise the resurrected Savior.

- Father, thank you for the good news that Jesus is alive! Thank you that we have your Word so that we can know this truth and respond in belief. Thank you that He is our good shepherd who has authority to lay His life down and to pick it back up again. Death is swallowed up in victory. The sting of death is sin, and the power of sin is the law. But thanks be to God, who gives us the victory through our Lord Jesus Christ.

Pray Personally

Read Matthew 28:6–7 and pray for boldness and zeal as we go and tell others that Jesus is risen.



Over the past weeks, we have spent time reflecting on the weight of our sin, confessing sin, and repenting of sin. In light of the resurrection, rejoice in the grace of God.

- Remember and rehearse the gospel: your sins are forgiven. Your sin that separated you from God has been paid for by Jesus' death on the cross. By faith in Christ, you have life in Him. By faith, you are being sanctified and by faith you will be glorified with Him. Rejoice!
- Remember that your joy is in Jesus (John 15:11), and you can rejoice in Him regardless of what your circumstances bring each day (Philippians 4:4–7).
- Pray to praise the Lord for what He has done.
- Proclaim this good news in your conversations with others.